

A South Pacific Christian Ministries Sermon Written By: Pastor David Myrick

© Copyright 2023 By South Pacific Ministries All Rights Reserved



A South Pacific Christian Ministries Sermon

Copyright

This sermon is protected by the Copyright laws of the United States of America with all rights reserved. You may use this sermon in whole or part in your church or outreach. If you duplicate this sermon for use on a website, sermon notes or other publican you must include all of this document. You may not change any part of this document or remove the references to South Pacific Christian Ministries, Pastor David Myrick.

©) Copyright 2023 By South Pacific Christian Ministries, All Rights Reserved

About Us

South Pacific Christian Ministries is a Non-Denomination Missions Oriented Ministry that sprang out of a small tourist focused church in Kailua-Kona, Hawaii. After 16 years serving as the Senior Pastor the LORD redirected our steps from the little chapel by the sea to the small island communities of the South Pacific.

Our Vision is to bring the living water to the small islands of the South Pacific; a vision summed up in the Hawaiian phrase Ke Ola Wai, which means the living water. Ke Ola Wai encompassing our greatest spiritual and physical need, pure spiritual and physical water.

Our Mission is to meet the spiritual and physical needs of the people who live on the small islands of the South Pacific that can only be reached by boat. To bring the Gospel of Jesus Christ to their shores, assisting local Pastors, providing Bible Training for believers and conducting outreaches to draw in non-believers. To provide gravity fed, family sized, reverse osmosis water filters; emergency medical supplies; medical services; and disaster response training.

Summary

Our words have power and authority. We paint our future by the words we speak. We are also judged by our words. What picture have you been painting?

This message was originally preached by Pastor David Myrick at Bridges Of Light Christian Ministries in Kailua-Kona, Hawaii on April 16th of 2010.

Scripture References

Philippians 4:4-8 Corinthians 10:3-5
Matthew 5:27-28 Proverbs 18:20-21
Luke 6:45 Hebrews 11:1



A South Pacific Christian Ministries Sermon

Sermon Notes

Philippians 4:4-8

- 4 Rejoice in the Lord alway: and again I say, Rejoice.
- 5 Let your moderation be known unto all men. The Lord is at hand.
- 6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.
- 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.
- 8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

According to the Apostle Paul, we should qualify the words that we speak by two criteria, virtue and praise.

Virture means: something of moral or substantiative excellence in terms of value and merit, strength, valor. As well as something with a voluntary obedience to truth and acting power.

We spent a lot of our life thinking about things. Some of those things are necessary, such as common life choices. Other things are time wasters and unprofitable. While other things are of high value.

For something, outside of common necessities, to be worthy of our thoughts then it must be virtuous and be praise focused. If it lacks those that criteria then it not helpful for us to allow those things to occupy our thoughts.

Therefore, we should think on things that are true. If what we are pondering has no truth, then the fruit of that pondering is self deception. Think on or speak a lie long enough and you will come to believe that it is the truth.

Think and speak things that are honest, truthful. Don't look or ponder things with colored glasses. Don't shade the truth with a wrong perspective or lies.

Think and speak things that are just. Allowing your mind and words to be filled with injustices and wrongs done by the powers that be only brings anger and despair. Pondering that which is just, that which is of God, brings peace and hope.

Think and speak things that are pure. In order for something to be pure, it must be free from mixture. It must be in line with truth. It must be free from immoral elements.

Think and speak things that are lovely. Something that is lovely invites affection and excites love.

Think and speak things that are of a good report causes a positive and uplifting attitude.

Matthew 5:27-28

- 27 Ye have heard that it was said by them of old time, Thou shalt not commit adultery:
- 28 But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.



A South Pacific Christian Ministries Sermon

Jesus clearly spelled out that it is not just the acts that you commit, but the thoughts that you dwell on. That fact applies to both men and women. If we allow our thoughts to dwell on that which is impure, God considers it the same as committing the act itself.

Toy trains and many commuter trains run on circular tracks. They start in one place and eventually return to the same spot. They run the same route time after time. When we dwell on negative thoughts, specially offenses, it can become a cycle.

In fact the real event often pails in comparison to the event that we rehearse in our minds. The offense grows over time, become we feed it with our thoughts.

Why does the LORD hold such importance to what we think? We find a clue in Luke 6:45

Luke 6:45

45 A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.

What you dwell on, you fill your heart with. Out of the abundance of your heart comes thoughts, words and actions.

If you dwell on yesterdays offenses, your own failures, life's difficulties then those thoughts become the essence of who and what you are. Yesterday has power over tomorrow only when you allow it to fill today. Negative events from our past can control our today and our tomorrow if we allow it. Just as an event where God blessed or did something in our past can help us deal with a current or future event.

What you dwell on fills your heart.

What you dwell on paints your tomorrow.

What you dwell on shapes who and what you are.

What you dwell on determines your actions and words.

Corinthians 10:3-5

- 3 For though we walk in the flesh, we do not war after the flesh:
- 4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)
- 5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Not every thought that comes our way comes from us. The enemy is always trying to get you to bit the hook. If our thoughts do not meet the qualities of Philippians 4:8, then we need to cast them down. If our thoughts come against God's Word, then they need to be cast down.

The next question is how? How do you cast thoughts down?

We cast thoughts down, by applying the truth by choosing to not to dwell on yesterday. If a thought does not encourage, line up with God's Word, encourage you on to greater love for each other or God, then it is not a thought that you should dwell on.



A South Pacific Christian Ministries Sermon

When news of a negative event reaches your ears you can dwell on that news or you can apply God's Word to it.

If you dwell on the negative, then that is what will fill your heart and expectation. If you dwell on God's Word, then that is what will fill you heart and expectation.

Proverbs 18:20-21

- 20 A man's belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be
- 21 Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

Your words come out of the abundance of your heart. Your faith comes out of the abundance of your heart.

Hebrews 11:1

1 Now faith is the substance of things hoped for, the evidence of things not seen.

Hope is a desire of some good, accompanied with at least a slight expectation of obtaining it, or a belief that it is obtainable. A wish is not the same as hope. A wish has not expectation to receive that which is desired. Our knowledge of God's Word, our remembrance of past blessings or answers to prayer, enable us to have the expectation for the answer we seek. What we dwell on enables or hinders our faith.

Just as it is important to guard our thoughts we also must guard our words. It is important that we paint our future with positive words that line up with God's Word. If our words declare what God's Word says about us then we will have what His Word says. If our words declare the promises of God then we will see those promises fulfilled in our lives. What we speak enters into our future to create what we are saying.

If you always proclaim doom and gloom then you are painting a dark future. If you proclaim that you are blessed by God then you will walk in the blessings of God.

Plant seeds for tomorrow that line up with God's Word and His promises to you. Water the seeds that you have planted by praise and worship for the Word of the LORD being fulfilled.

Place a guard over your heart and mouth so that you keep yourself lined up with His Word and His Will for your life.

Consider your words and thoughts carefully. Don't allow that which in contrary to God's Word.

If you have been speaking death and destruction, doubt and unbelief, then ask God for forgiveness and start proclaiming the opposite.